



American Heart Association®

**KIDS
HEART
CHALLENGE™**

**AMERICAN
HEART
CHALLENGE™**

Heart Hero



Lucy

Advocate, Grade 3

Lucy became passionate about heart health after her grandpa was rushed to the hospital and diagnosed with congestive heart failure. While he's now doing better after having a successful procedure, he will live with the condition for the rest of his life.

Since then, Lucy's mom reminds her daughter it's important to always take care of your heart — especially when heart disease runs in your family — so Lucy eats nutritious foods and runs to stay healthy. She looks up to her PE teacher, Ms. Davis, who inspires her to do her best during the Kids Heart Challenge/American Heart Challenge. She hopes sharing her family's story will motivate more people to support the American Heart Association and help those affected by heart disease.

The **Kids Heart Challenge** and **American Heart Challenge** funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.